

Cornwall Alcohol IBA Simple Pathway Grid:

Tool	Score	Risk Level	Intervention
AUDIT-C	0 – 4	'Lower Risk'	<ul style="list-style-type: none"> Positive reinforcement with NHS Brief Intervention Handout (10 mins).
AUDIT-C	5 +	Possible 'Increasing Risk' or 'Higher Risk'	<ul style="list-style-type: none"> Positive reinforcement with NHS Brief Intervention Handout (10 mins). Full AUDIT needed either in this session or in follow up appointment.
AUDIT	5 – 7	'Lower Risk'	<ul style="list-style-type: none"> Positive reinforcement with NHS Brief Intervention Handout (10 mins).
AUDIT	8 – 15	'Increasing Risk'	<ul style="list-style-type: none"> Feedback using the NHS Brief Advice Handout, encouraging a reduction in alcohol intake, highlighting benefits and risks. Follow up in future appointments, to encourage and support lifestyle changes. 8-12: Brief Intervention and support, refer if not progressing. 13-15: Extended Brief Intervention, Signpost/Refer.
AUDIT	16 – 19	'Higher Risk'	<ul style="list-style-type: none"> Feedback using the NHS Brief Advice Handout, encouraging a reduction in alcohol intake, highlighting benefits and risks. Referral (or signpost) to WAWY: 0333 2000 325 Follow up in future appointments, to encourage and support lifestyle changes. Consider using 'Brief Lifestyle Intervention' tool, to help the client to enhance their motivation, and plan for lifestyle changes if capacity and time allows (20 – 40 mins). Follow up in later appointments to assess and encourage engagement.
AUDIT	20 +	Possible Dependence?	<ul style="list-style-type: none"> Referral to specialist alcohol intervention with WAWY is essential. Follow up in future appointments, to assess and encourage engagement, and to support lifestyle changes.