



PENZANCE SAFE & WELL HUB

Drop-ins, courses and services

WHAT'S ON

Street Food Project Kitchen- drop-in from 12:00-18:00, 7 days a week

Street Vets- drop-in at 15:00 on the last Monday of the month

Health for Homeless, GP and Psychologist- weekly on Monday afternoons by referral

Drop-in service from Home Group- every other Tuesday 10:00-12:00.
Pattern starting from 4th March

Kernow Recovery Community- Every Thursday 10:00-15:00. All welcome!
A variety of activities are on offer, including pottery and textiles.

More info available at:

www.kernowrecoverycommunity.com and the Kernow Recovery Community Facebook Page

Pentreath Recovery College-

Courses delivered every Wednesday

More info available at:

<https://www.pentreath.co.uk/recovery-college-cornwall/courses-events/>

Healthy Cornwall Wellbeing Hub- drop-in on the second Monday and third Thursday of each month

South West Water, Drop-In Support for Water Debt- 3 March Next one TBC

Steve's Legacy men's mental health group- Tuesday drop-ins 16:00-17:00

The Safe and Well Hub is a warm welcoming space in the heart of the Penzance community. The space, which is run by Cornwall Council, is a collaboration with different agencies and organisations across Penzance to meet the needs of those within our community.

Launched in November 2024, this exciting project for Penzance, the Safe and Well Hub goes from strength to strength, with multiple organisations and charities getting involved to work together to deliver accessible and inclusive care and support for the local community, under one roof.

OUR PARTNERS

The John Daniel Centre is a community space which is partnering with a number of organisations. The space is used for appointments, training and hotdesking for collaborative working to support the local community including:

- Growing Links
- Cornwall Council
 - Housing Team
 - Community Safety
- With You- Drug and Alcohol service groups and 1-1s.
- The Susie Project, Barnardo's
- Health for Homeless, GP and Psychologist
- Probation Service
- Primary Care Network- Mental Health and Health Teams
- The Women's Centre Cornwall

and many more...

The John Daniel Centre
Roscadgill Road, Heamoor
TR20 8TP



The Penzance Safe and Well Hub offers a variety of spaces available for local services, community groups and professionals to book.

The rooms on offer include:

Apple- A meeting room which seats up to 12 people

Willow- Wellbeing Space. Equipped for 6 people to practice relaxation. The option for table and chairs to be set up in the space is also available.

Vine- Well-equipped kitchen

Pine- Sports Hall, ideal for community events

Holly- Lounge Room which seats up to 12 people

Alder- Office room with 2 work stations

Hazel- Training room which seats up to 20 people

Birch- Consultation Room

The space also hosts a large, spacious garden and free car park. Lunch is always available (by donation) by the SFP in the Oak Kitchen.



Hazel



Holly



Pine



Alder



Willow



Vine

CONTACTS

Partners

If you are interested in partnering with the Safe and Well Hub, please get in contact.

Tess Dawe

Complex Needs Implementation Lead, Cornwall Council

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Room Bookings

If you would like to request to book one of our rooms, please fill out the form on the link below:

<https://forms.office.com/e/NxP1XGxBaL>