

Young Futures

BRIGHT LIVES





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What is Young Futures?

Ready to try something new?

If you're aged 10 to 17 and live or go to school in the Camborne and Redruth area, Young Futures can help you.

Young Futures will work with you to find out what support you need.

You choose what you want to do. We can support your family too!

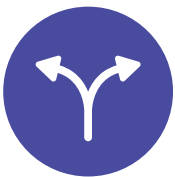
What support could I get?

Every Young Futures plan is different because it's built around you.

We can help you to:

- Try new things like sport, music or art
 - Make new friends and connections
 - Build confidence and self-belief
 - Learn new skills and discover your strengths
 - Talk to someone who will listen and help
 - Get support with school or your plans for the future
 - Improve your wellbeing and stay safe
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Our promise to you



Your choice

It's completely up to you. You can say yes, no, or maybe later to any support offered.



Your way

No pressure. No judgement. We'll listen to you and work at your pace.



Your views

We'll help you build on your strengths and achieve what's important to you.



Your privacy

Your information will only be shared with people who need it to understand how to support you or keep you or someone else safe.

One thing to know...

You're not in trouble. Young Futures is about helping you feel safer, happier, more confident, and excited about your future.

What happens next?

Your school or a worker will talk with you and your parent or carer about Young Futures.

If you agree, they will ask the Young Futures Team to work with you.

A Young Futures worker will make a plan with you, based on your needs and interests.

The plan will cover 12 weeks. Your Young Futures worker will keep checking in with you and you can change your plan at any time.

At the end you can tell us how it went!

Want to know more?

Talk to the adult who gave you this leaflet, or contact the Young Futures team at youngfutures@cornwall.gov.uk

You can read more about Young Futures at www.cornwall.gov.uk/youngfutures



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