

Information Classification: PUBLIC

The wings of wisdom

There comes a moment when the fog begins to lift — when you start to see the threads that once held you down for what they truly were. You realise that control disguised itself as care, that love should never feel like fear.

Now, you are more aware. You see the signs that once seemed invisible.

You are wiser. The lessons you've learned have shaped a deeper understanding of yourself and others.

You are stronger. The strength it took to break free now lives within you, unshakable.

You are free. Free to think, to feel, to choose — to simply be.

Like the owl, you have grown wings of wisdom. From the darkness, you rise ... watchful, calm, and knowing. You carry with you the power to educate others, to shine a light for those still finding their way out.

You are no longer a survivor of coercive control — you are the embodiment of awareness, courage, and freedom.