

# West Cornwall Women's Aid

Providing vital support to women and children affected by domestic abuse and sexual violence.

01736 367539 www.wcwaid.co.uk support@wcwaid.co.uk

## Refuge

Our refuge offers safe, temporary accommodation to women and children escaping domestic abuse, with our team providing compassionate one-to-one emotional and practical support. Thoughtfully designed to reduce stress and promote healing, our spaces include a peaceful outdoor area with play equipment for children and quiet spots for reflection, creating a nurturing environment for recovery and renewal.





Beyond refuge, our Resettlement Service supports women through tailored practical and emotional support, we assist with housing, accessing community services, developing life skills, and reducing the risk of isolation, empowering women to create a safe and positive future beyond refuge.

Our Children, Young People and Families (CYPF) Service provides specialist support to children and families during their time in refuge and throughout the resettlement process. We work directly with children and young people to help them understand and recover from the impact of domestic abuse, build resilience, improve emotional wellbeing, and strengthen family relationships.





## Community Services

Our dedicated staff and volunteers provide trauma-informed, person-centred outreach, wellbeing, and support services for women affected by domestic abuse. Through tailored emotional and practical support, we help women enhance their safety, build confidence, manage anxiety, and make informed choices about their future. Our Support Line operates Monday to Friday, 10am to 3pm, offering a safe and confidential space for women to access information, guidance, and support. Our aim is to empower women to regain control of their lives, strengthen their independence, and move forward with confidence.

## Counselling

We offer 18 free sessions of person-centred counselling, delivered by our team of staff and volunteer counsellors. Counselling can be incredibly beneficial for women who have experienced abuse, as it provides a safe and supportive space to process feelings, rebuild self-esteem, and develop coping strategies. Sessions can be held in person in our trauma-informed counselling rooms at our community centre, or via online or phone for added convenience.

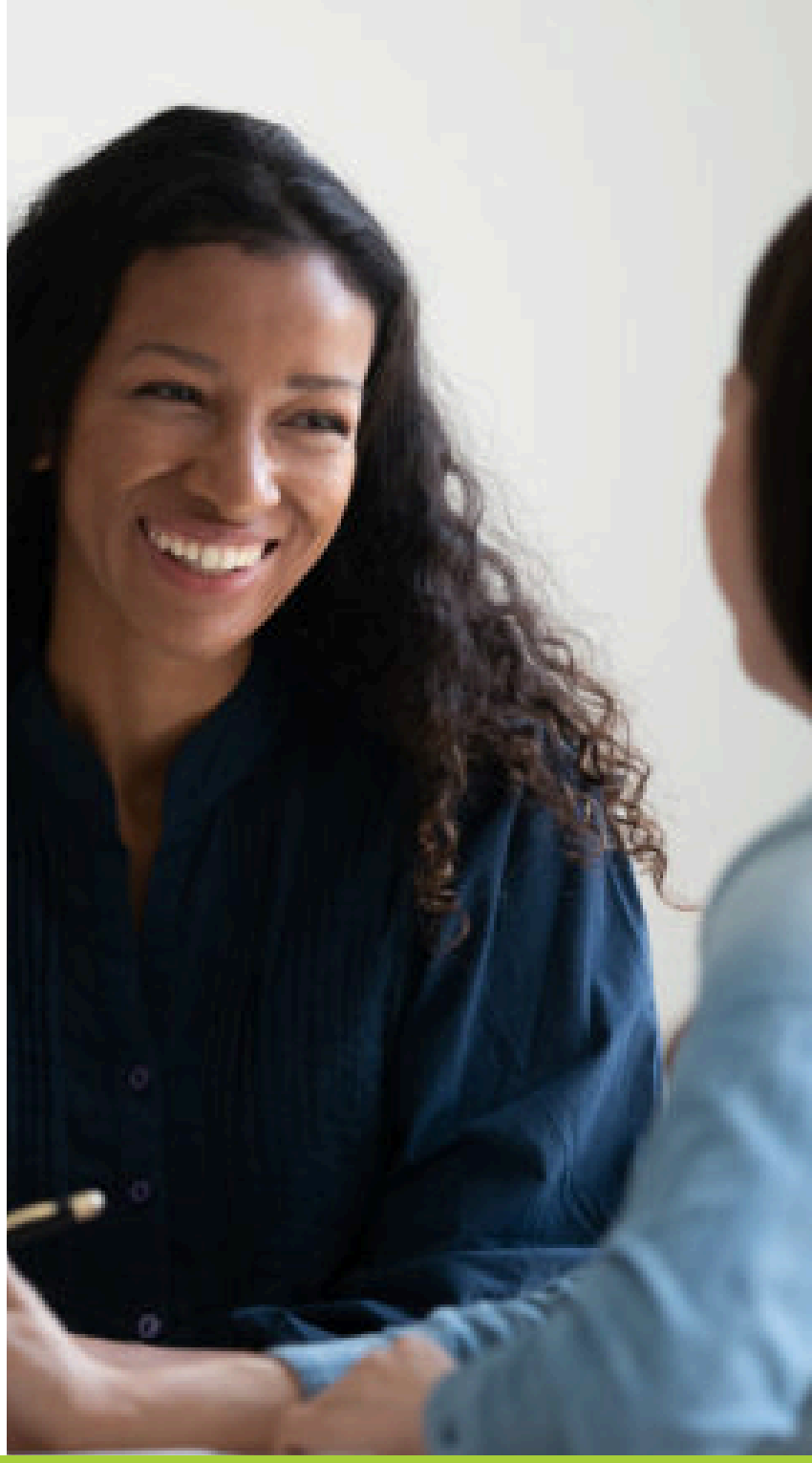


## Partnership

We are proud to work in collaboration with specialist partner agencies across Cornwall to ensure survivors can access a wide range of expert support. As part of Safer Futures, we help deliver Independent Domestic Violence Advocate (IDVA) services, providing specialist advocacy and support for those experiencing domestic abuse. We also work with The Bridge Project South West to deliver Independent Sexual Violence Advocate (ISVA) services in West Cornwall, supporting survivors of sexual violence with information, advocacy, and guidance.

Safer Futures (IDVA Services)
01208 22 99 22

The Bridge Project South West (ISVA Services)
0300 303 4626



We couldn't do what we do without the support of our amazing community. Here's how you can help:

**Follow us**

Stay updated and connect with us on social media!
www.facebook.com/wcwaid
www.instagram.com/westcornwallwomensaid

**Donate**

Every contribution matters! Visit our website or scan the QR code to donate.

West Cornwall Women's Aid is a charity registered in England (1100329)
A company limited by guarantee. Registered in England No. 4694786