DID YOU KNOW?

SUICIDE IS THE LEADING CAUSE OF DEATH IN YOUNG PEOPLE IN THE UK, AND CORNWALL HAS A HIGHER THAN AVERAGE RATE.

The Royal Cornwall Hospitals Trust has noted an increase in referrals to the service for young people (aged 18 – 24) in crisis.*

Over a 12 month period, admissions to RCHT for self harm/suicide attempts in young people aged 18-25 were recorded as:

72.2% WERE FEMALE

27.8% WERE MALE

* The Young People's Report 2025

The UK's NHS is facing challenges with mental health service wait times, with over

78,577 YOUNG PEOPLE

waiting over a year for treatment in 2023/24.

The situation is dire, with **59%** of young people reporting worsening mental health during waits.



GEORGIA'S VOICE

GEORGIA'S VOICE IS A SUICIDE PREVENTION CHARITY FOR YOUNG WOMEN AGED 18-25.

It is the legacy of Georgia Lee Gallaway who took her own life in July 2020, her mum Sophie founded the charity to help support young women aged 18-25 in Cornwall build their community and support network.

WATCH OUR CAMPAIGN FILM >



HOW WE DO THIS

We offer free weekly **peer support groups** in the community run by volunteers with lived experience of poor mental health and healing, fully trained by us.

We provide a monthly timetable of free **wellbeing activities** to promote good mental health.

We have a free **drop in hub** over at Redruth, we also provide up to 18 sessions of FREE **talking therapy sessions** for any young women aged 18-25 living in Cornwall.

> "SINCE BEING A PART OF GEORGIAS VOICE I'VE MADE MEMORIES I DIDN'T THINK I WOULD BE HERE TO MAKE. I HAVE REAL FRIENDS THAT TRULY CARE ABOUT MY WELLBEING, I HAVE ACCESS TO COUNSELLING AND SUPPORT."

HEAR FROM MORE YOUNG WOMEN >

OUR IMPACT

- **In 2025 we recorded over 1000 check ins between our groups, the hub and counselling.**
- **96% reported feeling better, or at least the same when they left compared to when they arrived.**
- **We are covering 1/3 of Cornwall with our support groups, and are the only charity supporting this specific demographic.**

WORKING TOGETHER TO ENSURE EVERY YOUNG WOMEN IN CORNWALL FEELS SAFE, UNDERSTOOD, SUPPORTED AND EMPOWERED

georgiasvoice.co.uk

Registered Charity: 1193028