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DRUG & ALCOHOL
ACTION TEAM

Cornwall and Isles of Scilly

Reducing Harm | Promoting Recovery

Young People's Substance Awareness and Screening Training

This multi-agency one day training has been designed to deliver key themes through presentation, group-work, participant interaction and shared knowledge. This has been specifically tailored for professionals working directly with young people.

The element of substance awareness training will help professionals to:

- Define substances.
- Better understand the effects and affects of substances in relation to patterns of use for young people.
- Explore local and national trends for young people's substance use.

The screening training will help support professionals to:

- Define the purpose and benefits of screening.
- To identify risk and motivation to change.
- Gain confidence in harm reduction practice for young people.

This training will help professionals to familiarise themselves with Tier 2 interventions and know how to incorporate these into their practice; and to determine when a referral on for specialist support is required.

Substance Awareness Learning Outcomes

- Define the term Drug
- Explain Drug Chemical Families
- Affects of substance misuse
- Understand Young People's substance use and patterns of use
- Defining the local and national trends for young peoples substance use

- Substance Use in a Legal Context
- Adolescent Development

Screening Young People - Learning objectives

- Know how to identify risks and motivation
- Understand the concept of harm reduction
- Understand the 'tiered approach'
- Understand the benefits of screening
- Understand the limits of confidentiality in relation to screening.
- Know how to respond to the results of the screening process
- Understand and use the cycle of change theory
- Know how to plan and deliver tier 2 targeted interventions

About the trainer

Matt Whittaker is a qualified Social Worker (BSC) and Senior Case Practitioner within YZUP (young people's substance-use service) Cornwall. Matt has many years' experience in Adult Drug and Alcohol Rehabilitation, Youth Justice and young people's substance use services. He will draw upon these experiences to help inform and share current best practice for professionals; in order to help understand and manage substance-use issues for young people and their families.