

Drug Strategy: One Year on

funded by new funding from the Department of Health and Social Care to support the implementation of the 2021 government drug strategy, From Harm to Hope, a key aim of which is to reduce number of drug related deaths.

Local Priorities: top 3

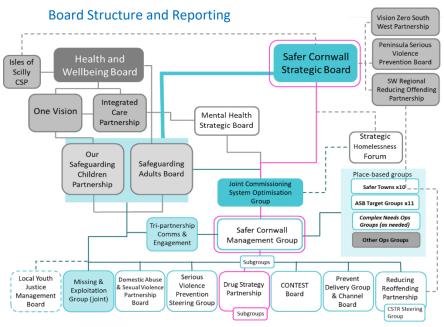
- Drug dealing in communities
- Lack of funding and capacity on the ground
- Need for whole system buy-in

Whole System Buy-in

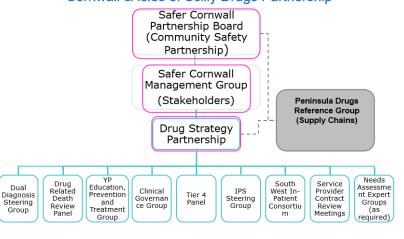
Milestone 1: A local drug strategy partnership

The community Safety
Partnership, Safer Cornwall
was chosen as:

- They already have a responsibility to assess and respond to need around alcohol and drugs in the local community.
- This was the most experienced Statutory Partnership to oversee the agenda.
- It brings added value due to its alignment with the Safeguarding Adults and Children's Boards.
- The chair of this group is also the Senior Responsible Officer for the Drug Strategy



Cornwall & Isles of Scilly Drugs Partnership





Three needs assessments were completed and are available on the Safer Cornwall Website:

Milestone 2: Joint Assessment of local evidence, data and need

- Alcohol Needs Assessment
- Drugs Needs Assessment
- Young Peoples Substance Needs Assessment

These assessments are a combination of data and local consultations, and they form the cornerstone of our local plans and agreed partnership priorities for 2023 to 2025.

Lack of funding and capacity on the ground

Milestone 3: Agree priorities and spending plan

- There are 3,439 adults in structured treatment in Cornwall & isles of Scilly
- 63% of the estimated number of Opiate and Crack users are in treatment
- Caseload sizes are still too high, and the priority for new investment is to increase the workforce

Drug and Alcohol Grants

	22-23	23-24	24-25
Rough Sleep Drug & Alcohol Treatment Grant	1.531m* IP/RR	1.531m	
SSMTRG	755,299	1.42m	2.34m
Housing Support Grant	138,196	631,000	631,000
In Patient (SWPEN)	303,097 (111,712 CIOS)	303,097	303,097
IPS (CIOS/TOR)	153,000	153,000	
MHTRs	185,000	185,000	
	2,874,207	4,031,712	
	9.6m	10.8m	



Earlier engagement – Drug and Alcohol Outreach Team

A more flexible approach to working with people who are not yet ready to engage with office and appointment-based services.

Purpose:

- To engage people who are sleeping rough or at risk of doing so in treatment and wraparound support, including those with co-occurring mental health needs.
- To respond to concerns in communities and not wait for people to come into treatment services
- To reduce harms associated with alcohol and drug use

What does the team provide?

0333 200 0325 referral line for all clients and profession als

Operates Monday to Friday 9am-5pm and Saturday 10am-4pm Out of hours as required.

Rapid response to individuals Cornwall with substance us issues who sleeping or in emergency or temporary accommodati

2 workers cover from St Austell to Torpoint. 3 workers cover Mid Cornwall Newquay i Falmouth / Truro / Redruth. 3 cover the Cornwall

A multidisciplinary approach complexity of need

An immediate pathway into With You community services including access to harm reduction, treatment and opiate substitute prescribing

This is intensive work as it takes time to engage those who have not engaged historically.

In 2022/23, 2,689 people at risk of rough sleeping and 47 people actually rough sleeping were engaged into treatment by this team.

What does the team provide

The team recognises the damage that repetitive narrating can cause and works in the immediate with service users as they present.

withyou



an immediate needs assessment in Place

A risk assessment at the point of contact

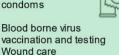




Naloxone and basic life support is issued to everyone met at first contact

People who inject drugs are issued with clean injecting equipment and bins to dispose of used

Safer sex advice and condoms









timely response

Referral to Cornwall Council Bespoke packages Housing and active support of treatment and care Also via the portal https://live.housingjigsaw.co

works.



Supplemental Substance Misuse Treatment and Recovery Grant (SSMTRG)

• Young People: 23 additional specialist structured treatment places, bringing the total to 100 places available. However, this was exceeded in year (118 young people in structured treatment).

Many more are helped through prevention and schools programmes.

• 'A Place for every offender with an addiction' Dedicated Criminal Justice Interventions Team (CJIT), 7 staff plus a Team Leader, covering custody, courts, delivering assessments and court ordered treatment and engaging prison discharges. (co-funded by Police & Crime Commissioner).

Access at Every Stage of the CJS

Intercept Stage

Pre-intercept: Community
Based Support

Intercept 1: Entering the
CJS

Intercept 2: Court Hearing
& Sentencing

Intercept 3: Prison &
Prison Release

Intercept 4: Community
Readjustment

Responding to nuisance and drug litter reports

A daily presence at Custody suites to engage on Arrest

Assessing for Community Sentencing Treatment Requirements (CSTRs) and delivering Alcohol Treatment (ATRs), Drug Rehabilitation (DRRs)and Mental Health Treatment Requirement (MHTR) as ordered by the court

Continuity of Care from community into prison and on discharge .



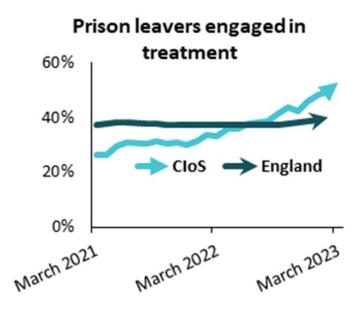
Mental Health Treatment Requirements (MHTRs)

Cornwall has been nationally recognised and was used for the national video about the scheme. Cornwall also led on involvement of Experts by Experience

- Highest rate of Combined **Mental Health Treatment Requirements** (MHTRs), Drug Rehabilitation Requirements (DRRs) and Alcohol Treatment Requirements (ATRs) increasing the support available for people with combined issues.
- 273 individuals have been sentenced to an MHTR in court and 75% of those who have successfully completed their orders have shown mental health improvements following pre- and post-clinical assessment

Continuity of Care (discharge from prison)

- a key national priority area for improvement
- national target to engage 75% within 3 weeks of discharge.
- started at a baseline of 33% at the start of the year and reached 53% compared with 41% nationally by year end.
- Whilst this represents a significant improvement, we still have as much again to improve in Year 2.



Reducing alcohol-related hospital admissions

Hospital Outreach Team (HOT):

- specialist team of community drug and alcohol workers located in Royal Cornwall Hospital.
- work closely with other clinicians
- engage alcohol-related frequent attenders (People with 5+attendances or admissions in the previous year).
- A third of this is match funded through a Social Impact Bond (SIB).
- In 2022, HOT engaged 259 individuals who evidenced reduced/nil hospital attendance subsequently at each milestone.



Drug Dealing in Communities

Breaking supply chains

- **Operation Tarak** identifies our most significant drug related intelligence, and this is reviewed and discussed every fortnight.
 - Sectors prioritise and respond to local actionable drug intelligence.
- Op Servator and the Prevent and Detect teams offer each sector within Cornwall support with their local intelligence and policing plans.
 - Where county lines drug supply is identified, this is adopted by a specific Cornwall Proactive Department.
- Operation Medusa Cornwall and the Southwest Regional Organised Crime Unit (SWROCU) teamed up with Merseyside Police earlier this year. It involved more than 100 officers and staff from different departments.
 - Focused on Newquay and Penzance, with warrants executed in Truro and St Austell.
 - 31 arrests for a 'range' of drug-related offences, theft of a vehicle and possession of weapons. Vehicles, drugs, cash and bladed weapons were seized.

5C4P Plans

5Cs

- Collaboration
- Co-Production
- Co-operation in Data and Intelligence Sharing
- Counter Narratives
- Community Consensus

4Ps

- Pursue
- Protect
- Prevent
- Prepare

This is a more public health approach to policing and means that we are working to balance enforcement with engagement in help in place. Police work with partners such as housing, education, drug services, youth justice to safeguard those most vulnerable once the arrests have taken place.

Disrupting the long-term effects and offering safeguarding for those within the community who are affected by the exploitation, violence and other areas of risk and harm that county lines activity causes within our local communities.



Lived Experience & Recovery Communities

 6 Experts by Experience were recruited and employed by Cornwall Council as part of the commissioning and strategy team, to develop our approach for people with multiple vulnerabilities and to co-design new Recovery Communities. The first multi-agency Safe and Well Hub opened in Truro where multi agency professionals can collaborate and Recovery
 Communities can be delivered.

Prevention of Drug Related Deaths (DRDs)

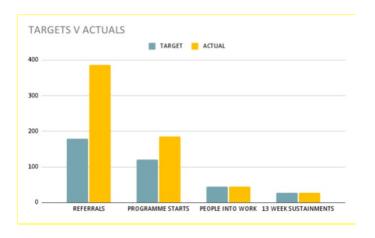
- There were 42 deaths in the calendar year 2022
- The majority of deaths feature more than one drug.

Prevention Initiatives

- Naloxone is a drug that reverses the effects of a heroin overdose, if given quickly and correctly.
- Naloxone delivery continues to increase across a wide range of people and agencies, with 43 lives saved in 2022.
- If anyone wants to carry naloxone, to assist in the event of an overdose, please contact <u>daat@cornwall.gov.uk</u> or iloinfo@wearewithyou.org.uk

Individual Placement & Support (IPS) Employment Grant

- IPS is an employment support approach that offers intensive, individually tailored support to help people to choose and find the right job, with ongoing support for the employer and employee to help ensure the person sustains their employment.
- The distinguishing feature of IPS is that employment support is provided alongside clinical treatment.





Housing Support Grant

- 1 in 5 people in local structured treatment have a housing need (54% CJS)
- we also have a higher rate than nationally of households owed a statutory housing duty who also have an alcohol/drug dependency.
- The grant is paying for more staff in housing and treatment.

New Test and learn approach, bringing agencies together to prioritise improving support and help to people who have experienced multiple evictions or have been unable to sustain a tenancy.

Workforce development

Upskilling the workforce to work with common vulnerabilities

In 2022/23 we delivered 269 training sessions to 4,165 staff representing a 94% increase compared to the previous year. We now offer 83 different courses and have now transitioned into a hybrid training programme offering online and in-person training sessions for the majority of our courses. This is to support different learning styles and work around people's preferences.

83
training courses offered
269
sessions delivered
4165
staff trained

Compared to the previous year (21/22) where 208 courses were delivered and 2137 staff were trained, which represents a 94% increase.



Cornwall and Isles of Scilly

Reducing Harm | Promoting Recovery

Training feedback

"Concise impactful delivery, of medically robust, person-focused, culturally relevant, refreshing life giving and ambivalence busting content." Alcohol IBA

"This will be very useful in broadening my knowledge around drugs, drug use, language surrounding it to help me in my conversations and observations of the clients we work with. This has also given me some useful tips and skills about how to manage conversations and help support and guide without

"The course was brilliant. I found the harm reduction tips really useful. This is one of the best courses on substance misuse I have attended." YP Substance Awareness & Screening "I found the training really thorough and detailed, there was plenty of explanation and actions to be taken into the field. Thank you [trainer] for some of the most amazing and insightful training that I have had!" Dual Diagnosis

"Absolutely brilliant training! So informative and detailed without being completely overwhelming which is a hard balance to strike for a topic of this nature. Very well designed to have range of activities to keep us engaged. Expertly and sensitively delivered by [TRAINER]"

"Excellent training as always, the content of the training exceeded my expectations. I am really looking forward to putting the skills into practice and developing my learning." Motivational Interviewing

"Thank you for an interesting and thought-provoking session" Violence Against Women & Girls (VAWG) Training

"It was great to hear from people with lived experience. Networking was great, as was being with lots of people from different organisations and exploring how we can work together. It was great to know there is a team in the council fighting for change and involving everyone. In future more managers and commissioners should attend. The workshops are a great way to hear everyone's voice." Co-production & Collaboration Workshops

"Good training, came away with more confidence and tools to intervene safely." Bystander Training Excellent course material thoroughly explained and perfectly paced. A really interesting insight into PTSD which offers confidence and useful techniques when working with individuals - thank you for developing such a useful course!" Practical Management

"Triggering but in a positive way of recognising that self-care is important and the priority for a healthy work life balance." Compassion Fatigue





Priorities for the next year

- Improving the rollout of education programmes for schools and outreach with young people impacted by alcohol and other drug problems
- Reducing drug related deaths
- Continuing to improve the impact of mental health, employment and housing upon treatment outcomes in a longer term, more sustainable fashion
- Implementing a Local Outcomes Framework to better demonstrate progress though treatment and local outcomes.
- Continuing to invest in increasing the capacity of the workforce to reduce caseload sizes in treatment and improve quality and effectiveness.